



Official Sailing Instructions

2009 J/105 North American Championship

October 29 to November 1, 2009

Organizing Authority

American Yacht Club

Hosted by

American Yacht Club and J/105 Class Fleet 6



1.0 RULES

- 1.1. This regatta will be governed by the rules as defined in the *Racing Rules of Sailing* (RRS), including the *J/105 National Class Association Rules* (CR), except as the rules are altered by the Notice of Race or these Sailing Instructions.
- 1.2. The regatta is a Level A, national class event in accordance with CR 3.6. Competitors shall be classified in accordance with ISAF Regulation 22, ISAF Sailor Classification Code.
- 1.3. All boats must carry minimum equipment as required by the US Coast Guard and the CR.
- 1.4. Upper case terms used herein are defined in the CR unless otherwise specified.

2.0 ELIGIBILITY

- 2.1. This regatta is open to all deep draft J/105 boats eligible in accordance with CR 1.3. Owners (or, for chartered boats, Charterers) of competing boats must be Active Members of the J/105 Class Association and have completed registration, weigh-in and all applicable measurement procedures by October 28, 2009 at 1800.
- 2.2. The Owner (or one of several Owners) or the Charterer of the J/105 shall be on board at all times while racing during this event, except as permitted by CR 3.6.

3.0 ENTRIES

- 3.1. Online registration and electronic fee payment is available under "Registration" on the event website <http://2009j105northamericans.com/> or directly on the linked Yacht Scoring website at <http://yachtscoring.com/emenu.cfm?eID=250>. Online entry is required. Paper entries or non-electronic payment will not be accepted.
- 3.2. All entries must be complete by the entry deadline of 1800 hours on Friday, October 23, 2009.
- 3.3. Each skipper shall complete the electronic crew list on the Yacht Scoring website, which must list all crew (including the skipper) and substitute crew, their ISAF IDs and ISAF classifications. In addition, the electronic Sails Declaration must be completed. This is accessible under "Required Forms" on the event website and shall list all sails to be used in the event and can only be completed with valid tag numbers from the J105 Class Association Website. You will not be able to complete your entry unless your sails are listed on the website. Both electronic crew list and the Sails Declaration shall be submitted to the Organizing Authority by 1800 hrs on Friday, October 23, 2009 via direct website entry. Crew lists will be publicly available on the Yacht Scoring website. Changes to the list submitted are not permitted except with prior written consent of the Race Committee. Changes to the crew list after 1800 on October 23, 2009 will be posted on the official notice board of the Organizing Authority. The Classification Protest Time Limit (as defined in ISAF Regulation 22) will be 1800 hrs on October 27, or 24 hrs after the posting of a changed crew list, as applicable.

- 3.4. No entry will be complete unless the following additional materials are received and the entry fee is paid: (i) a copy of a valid Weight Certificate as required by CR 7.3, (ii) Owner's/Charterer's Declaration, signed by the skipper, (iii) Crew Declaration and Waiver, signed by each crew (including an Owner and skipper), and (iv) in the case of any boat owned by an Academy, an Academy Boat Declaration, signed by the skipper. Forms (ii), (iii) and (iv) are available on the event website under "Required Forms." All forms must be sent by mail to American Yacht Club, 499 Milton Road, Rye, NY 10580 or in pdf format by email to aycrc@americanyc.org, and be received by the entry deadline.

4.0 MEASUREMENTS; WEIGH IN

- 4.1. Measurement prior to the event will be required only for boats selected for event measurement by the Organizing Authority and identified on a list to be published on the Yacht Scoring website no later than October 24 under "Additional Documents". In addition, the Organizing Authority intends to select for event measurement all boats whose entry is not complete by the entry deadline.
- 4.2. Measurement of boats selected for event measurement under 6.1 above (including sails) will be by appointment on Sunday October 17, October 25, Monday October 26 or Tuesday October 27. If your boat has been selected, please go to the event website and make your appointment electronically under "Inspection Appointments." Owners should check the event website under "Required Forms" or the Yacht Scoring website under "Additional Documents" for a document entitled "Entry & Measurement Overview," which contains specific measurement instructions. The list of selected boats will identify the sail or sails of each boat that will be subject to measurement.
- 4.3. Without limitation of CR 4.3, immediately following the last race each day, the Organizing Authority may select a number of boats for measurement and sail tag checks. Selection of boats will be at the sole discretion of the Organizing Authority and selected boats will be announced over the VHF race channel. Selected boats must proceed directly to the American Yacht Club (AYC) main dock immediately after racing.
- 4.4. Crew weight must be in accordance with CR 7.1. Crew weigh-in will be from 1400 - 2000 hrs on Wednesday October 28. Late weigh-in will be available by prior arrangement only from 0800 – 0900 hrs on Thursday October 29. Weigh-in for substitute crew will be available between 0800 and 0900 hrs on Friday, Saturday and Sunday, exclusively. Weigh-in will be in the JAYC House in the AYC dry sail area.

5.0 NOTICES TO COMPETITORS

- 5.1. Notices, including notices that may amend the Notice of Regatta or the Sailing Instructions, will be posted on <http://yachtscoring.com/emenu.cfm?eID=250> and on the official Race Committee notice board on the Club front patio. Notices will also be broadcast on VHF channel 69 at 0930 on race days.

6.0 CHANGES TO SAILING INSTRUCTIONS

- 6.1. Any change to the Sailing Instructions will be posted on the Race Committee Notice Board and on <http://yachtscoring.com/emenu.cfm?eID=250> by 0830 on race days.
- 6.2. Changes to SI 8.0. SCHEDULE OF RACES will be posted no later than 2000 hours on the day before the change will take effect.

7.0 SIGNALS MADE ASHORE

- 7.1. Signals made ashore will be displayed on the American Yacht Club main flagpole and announced on VHF channel 69.
- 7.2. If races are postponed from ashore, the first warning signal will be made not less than 60 minutes after the AP is lowered. Races will not be postponed ashore later than 1400 hours.
- 7.3. If racing for the day is abandoned from ashore, signal flags N over A will be displayed with three sound signals and the abandonment will be announced on VHF channel 69.

8.0 SCHEDULE OF RACES

- 8.1. Three races are scheduled for Thursday through Saturday, and two races are scheduled for Sunday.
- 8.2. Schedule:

Thursday, October 29	1030	Warning signal for first race, followed by subsequent races
Friday, October 30	1030	Warning signal for first race, followed by subsequent races
Saturday, October 31	1030	Warning signal for first race, followed by subsequent races
Sunday, November 1	1030	Warning signal for first race, followed by subsequent races
- 8.3. On the last day of the regatta no signal will be made after 1300 hours.

9.0 RACING AREA

- 9.1. The racing area will be east of Peningo Neck, Milton Point, NY. See Appendix A.
- 9.2. The approximate position of the starting area will be announced at approximately 0930 each day on VHF 69.

10.0 THE COURSES

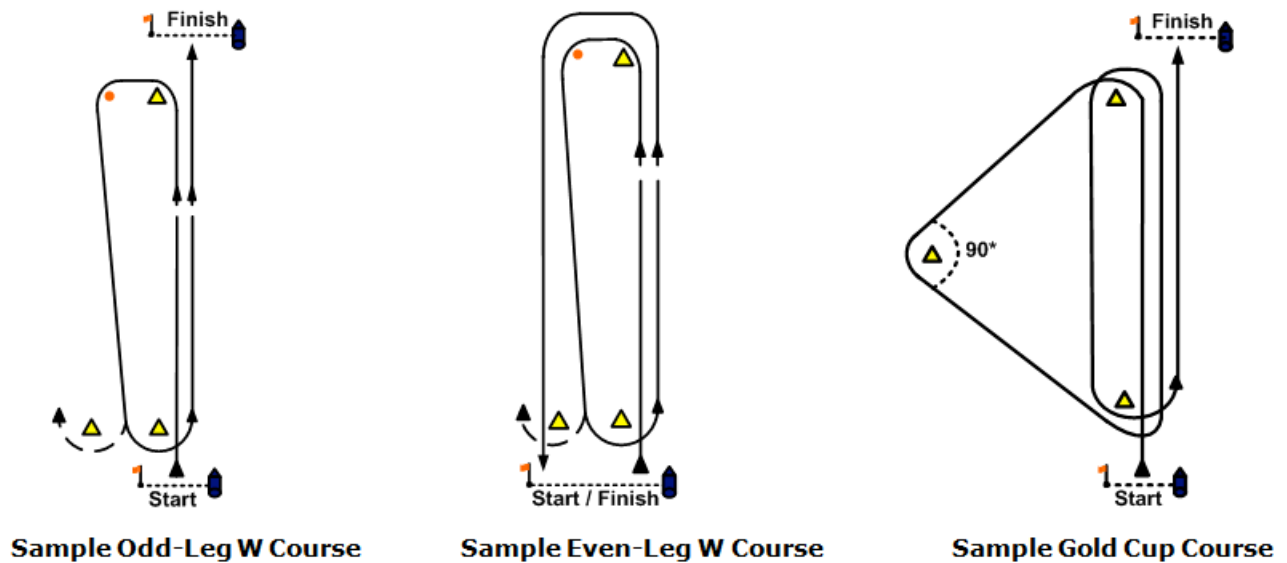
- 10.1. The course for each race will be Windward-Leeward (W) for a specified number of legs, or Gold Cup (G).
- 10.2. The Race Committee signal boat will display the magnetic bearing and range, in nautical miles, from the signal boat to the windward mark. The signal boat will display W for windward-leeward courses or G for Gold Cup. The number of legs will be posted for W courses only.
- 10.3. An offset mark will be used on W courses only. The offset mark will be approximately 75 yards from the windward mark at a right angle to the bearing from the signal boat to the windward mark.
- 10.4. For all W courses, a gate will be set in place of a single leeward mark. Boats shall pass through the gate from the direction of the previous mark before proceeding onto the next leg of the course. The gate is not a mark of the course for the final downwind leg of an even-leg W course.

10.5. A representation of the course board is shown below (labels will not be displayed on the actual course board):

Bearing	Range	Course	Legs (W only)
2	1	W (or G)	4
3	.5		
0			

Fore Aft

10.6. The following diagrams show the courses, including the approximate angles between legs, the order in which marks will be passed and the side on which each mark is to be left.



11.0 MARKS

11.1. Marks will be large yellow tetrahedrons.

11.2. The windward offset mark will be an orange ball.

11.3. A new mark replacing an original mark will be an orange tetrahedron. In a subsequent change of course, the orange mark will be replaced with an original mark (yellow). Further course changes will follow this pattern.

12.0 THE START

12.1. The Class Flag will have a J/105 class insignia.

12.2. The starting line will be between a staff displaying an orange flag on the Race Committee signal boat and an inflatable buoy.

- 12.3. The Race Committee signal boat may have one or more large inflatable buoys secured to it which shall be considered to be part of the committee boat for the purpose of RRS 31.
- 12.4. A boat starting later than five minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A4.

13.0 RECALLS

- 13.1. The Race Committee will attempt to identify recalled boats and to broadcast their bow numbers or sail numbers on the race course VHF channel. Failure of a boat to see or hear her recall notification, and the timing and order of such hail, shall not be cause for redress.

14.0 THE FINISH

- 14.1. The finishing line will be between a staff displaying an orange flag on an official boat and the finish mark.
- 14.2. If a course is shortened, the finish line will be between a staff displaying flag S on an official boat and a rounding mark or between the gate marks if shortened at a gate.
- 14.3. For W Courses with an odd number of legs and Course G, the finishing line will be located approximately 200 yards to windward of the windward mark.
- 14.4. For W Courses with an even number of legs, the finishing line will be located approximately 200 yards to leeward of the leeward gate.
- 14.5. For W or G courses, boats approaching a windward finishing line to finish may ignore the windward mark. Boats approaching a downwind finishing line to finish may ignore the leeward gate.

15.0 PENALTIES

- 15.1. The following special penalties shall apply to violations of the CR.
Disqualification applies for all of the races sailed on the day on which the related protest is filed in the case of (a) violation of crew eligibility rules (CR 3), except crew for which the Crew Classification Time Limit has expired, (b) sailing with sails that do not have valid tags as required by CR 6.9 or violation of the sail purchase limitations of CR 6.8 or (c) any of the items listed on the boat's Weight Certificate are not on board. Otherwise, a 20% scoring penalty applies for all the races sailed on the day the related protest is filed in accordance with RRS 44.3.
This changes RRS 64.1.
- 15.2. A boat may take a One-Turn Penalty in accordance with RRS 44.2 when she may have broken a rule of Part 2 of RRS (other than RRS 14 when she has caused damage or injury) while racing, unless the incident occurred within the zone of any mark, in which case she may take a Two-Turns Penalty in accordance with RRS 44.2. This changes RRS 44.1. Alternatively a boat may accept a Scoring Penalty as described in RRS 44.3. The Scoring Penalty shall be 20% of the boats entered unless the incident occurred within the zone of any mark, in which case the scoring penalty shall be 40% of the boats entered. This changes RRS 44.3.

16.0 TIME LIMIT

- 16.1. The time limit for each race will be two hours. If no boat has *finished* within the time limit the race will be abandoned.
- 16.2. Boats failing to finish within 30 minutes after the first boat sails the course and finishes will be scored "Time Limit Expired" (TLE) without a hearing. This changes RRS 35.

17.0 PROTESTS AND REQUESTS FOR REDRESS

- 17.1. Protests and Requests for Redress shall be filed on standard US SAILING protest forms. Protest forms will be available at the Jury Desk in the Club front lobby.
- 17.2. Written protests shall be delivered to the Jury Desk within one hour of the time that the Race Committee signal boat docks. This time limit will be posted on the official Race Committee Notice Board. A list of protests, and the order in which they will be heard, will be posted on the official Race Committee Notice Board no later than 30 minutes after the protest time limit expires.
- 17.3. Protest hearings will be held in the Trustee's room at American Yacht Club as soon as possible after each day of racing. A protest against a boat whose representative is not present in the vicinity of the Jury Desk may be heard without representation from the protested boat as provided in RRS 63.3(b).
- 17.4. It is the responsibility of the parties to ensure that their witnesses are available when called to testify. If witnesses are not in the vicinity of the Jury Desk when called, they may not be heard.
- 17.5. A request to reopen a hearing on the last day of racing must be delivered to the Jury Desk within 30 minutes of the parties to the protest receiving the Jury's decision (oral or written). This changes RRS 66.

18.0 ARBITRATION

- 18.1. For protests involving an alleged breach of the rules of RRS Part 2 a short arbitration hearing will be held prior to the protest hearing. This changes Part 5, Section B of the RRS.
- 18.2. After a written protest form is filed, one representative from each boat will meet with the arbitrator. No witnesses will be allowed. Unresolved arbitration will be referred to the Protest Committee.
- 18.3. A boat that accepts fault at the arbitration hearing shall receive a penalty score equal to her finish position plus 40% of the number of boats entered (rounding 0.5 upward), except that she shall not be scored worse than DNF.
- 18.4. Decisions made during arbitration cannot be grounds for redress and cannot be appealed.
- 18.5. The arbitrator will not be a member of the Jury that hears the protest, but may be permitted to observe the testimony given to the Jury and offer testimony. This changes RRS 63.3(a).

19.0 SCORING

- 19.1. Four races are required to be completed to constitute a series.
- 19.2. The Low Point scoring system of the RRS Appendix A will apply, except that no races will be excluded from a boat's series score. This changes RRS A2.
- 19.3. Boats scored TLE will be awarded points equal to the number of boats that finished within the time limit plus two points, except that she shall not be scored worse the last place. This changes RRS 35.

20.0 SAFETY REGULATIONS

- 20.1. All competitors are required to wear life-jackets or other adequate personal buoyancy while racing. The "Y" flag will not be displayed. This changes RRS 40.
- 20.2. Any boat withdrawing before the start or retiring from a race for any reason shall notify the Race Committee at the earliest possible opportunity on the race course VHF channel or by telephone to American Yacht Club (914-967-4800).

21.0 REPLACEMENT OF CREW

- 21.1. No replacement crew will be permitted to sail unless the crew and his or her ISAF classification and ID number are posted on the Yacht Scoring website or the Official Notice Board. Any substitute crew must complete the weigh in and sign a Crew Declaration. Changes to the crew list after 1800 on October 23, 2009 will be posted on the Official Notice Board.

22.0 EQUIPMENT AND MEASUREMENT CHECKS

- 22.1. Without limitation of CR 4.3, immediately following the last race each day, the Organizing Authority may select a number of boats for measurement and sail tag checks. Selection of boats will be at the sole discretion of the Organizing Authority and selected boats will be announced over the VHF race channel. Selected boats must proceed directly to the American Yacht Club main dock immediately after racing.

23.0 ADVERTISING

- 23.1. Pursuant to CR 2.8 and ISAF Regulation 20, ISAF Advertising Code, including ISAF Regulation 20.5.6.(a), no Advertising shall be permitted on boats except that all boats shall be required to display the event bow stickers and may be required to display other advertising chosen and supplied by the organizing authority.

24.0 SUPPORT BOATS

- 24.1. Due to limited space, support boats will not have access to AYC docks or moorings unless assigned by the AYC Dockmaster.
- 24.2. All support boats must comply with CR 7.10 and stay clear and outside of boats flying an RC flag or Press flag at all rounding marks and start/finish lines.
- 24.3. Communication with support boats is prohibited from the warning signal until the boat has finished or retired from the race.
- 24.4. If a support boat fails to comply with any of the foregoing requirements, the assisted boat may be given a 20% scoring penalty for the first race of each day of non-compliance.

25.0 TRASH DISPOSAL

- 25.1. Boats shall not put trash in the water. Boats observed violating this rule shall be subject to protest by the Race Committee.

26.0 HAUL-OUT RESTRICTIONS

- 26.1. All boats shall be launched by 1800 hours on October 28, 2009 and must remain in the water through the end of the regatta. Boats may not be hauled out without prior written permission of the race committee.

27.0 ELECTRONIC COMMUNICATION

27.1. Each boat shall carry a radio capable of transmitting and receiving VHF channel 69. Except in an emergency or to report a protest or withdrawal, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones and other electronic communication.

28.0 PRIZES

28.1. Series prizes will be awarded to boats placing first through fifth.

28.2. Daily prizes will be awarded in the discretion of the Organizing Authority after racing each day.

28.3. Prizes will be awarded at AYC after the final race and protests.

29.0 NAVIGATION RULES

29.1. All boats are cautioned to observe the Navigation Rules of the Road and to yield right of way to vessels restricted in their ability to maneuver, especially to tugs and barges. Any boat observed to impede such traffic may be protested by the Race Committee only.

30.0 DISCLAIMER OF LIABILITY

30.1. Competitors participate in the regatta entirely at their own risk. See RRS 4, Decision to Race. None of AYC, J/105 Class Association and J/105 Class Association, Fleet 6, Western Long Island Sound, any of the officers, trustees, employees or members of any of the foregoing, or the race committee, or any regatta volunteers, shall be responsible for any loss, damage, claim or liability, including for bodily injury or property damage, suffered from any cause during the regatta.

31.0 INSURANCE

31.1. Each participating boat shall be insured with valid third-party liability insurance with a minimum coverage of \$300,000 per event or the equivalent.

32.0 OTHER DOCUMENTS

32.1. Forms and documents related to this event are located on <http://yachtscoring.com/emenu.cfm?eID=250>.

33.0 CONTACT INFORMATION

American Yacht Club

499 Stuyvesant Avenue, Rye, NY 10580

Phone: (914) 967-4800

Fax: (914) 967-5340

Email: aycrc@americanyc.org

Website: www.americanyc.org

American Yacht Club cordially extends the privileges of the Clubhouse and harbor facilities to participants before and after the races.

Wayne Bretsch

Principal Race Officer

Sandison E. Weil

Protest Committee Chairman

Glenn A. Morrison

Race Committee Chairman